



News Release

Contacts:

Scott N. Greenberg	Sharon Esposito-Mayer	Cynthia Peffers
Chief Executive Officer	Chief Financial Officer	Vice President, Communications
(410) 379-3640	(410) 379-3636	(410) 379-9400

General Physics Corporation Expands Opportunities in International Energy Market with Strategic Hire

Elkridge, Md. March 17, 2006. General Physics Corporation (GP), a subsidiary of GP Strategies Corporation (NYSE: GPX), welcomes Dr. Jeff Parmar to the Energy Services Group as Director of International Operations for GP's Performance Engineering Services Business Unit.

Dr. Parmar comes to GP with over 25 years' experience in power plant performance assessment with the former Central Electricity Generating Board and its successor companies PowerGen PLC and National Power. He is an accomplished Performance Engineer with proven success meeting customer needs throughout Europe, Asia, and North America. Dr. Parmar is a certified European Engineer, a Fellow of the Institution of Mechanical Engineering, and a Chartered Engineer. He is a member of the ASME PTC 47 and ISO 2314 committees and has published numerous technical papers on the performance of gas turbines and combined cycles.

For further information, Jeff Parmar is based in Fairford, Gloucestershire, UK, and may be contacted at +44 1285 713957 or jparmar@gpworldwide.com.

About GP

GP is the principal operating subsidiary of GP Strategies Corporation (NYSE: GPX). GP is a global performance improvement solutions provider of training and e-Learning solutions, management consulting and engineering services. GP's solutions improve the effectiveness of organizations by delivering innovative and superior training, consulting and business improvement services, customized to meet the specific needs of its clients. Clients include Fortune 500 companies, manufacturing, process and energy industries, and other commercial and government customers. Additional information may be found at www.gpworldwide.com.

This report contains forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended. The Private Securities Litigation Reform Act of 1995 provides a "safe harbor" for forward looking statements. Forward-looking statements are not statements of historical facts, but rather reflect our current expectations concerning future events and results. We use words such as "expects", "intends", "believes", "may", "will" and "anticipates" to indicate forward-looking statements. Because these forward-looking statements involve risks and uncertainties, there are important factors that could cause

actual results to differ materially from those expressed or implied by these forward-looking statements, including, but not limited to, those factors set forth under Item 1A , Risk Factors , in our Annual Report on Form 10-K and those other risks and uncertainties detailed in the Company's periodic reports and registration statements filed with the Securities and Exchange Commission. We caution that these risk factors may not be exhaustive. We operate in a continually changing business environment, and new risk factors emerge from time to time. We cannot predict these new risk factors, nor can we assess the effect, if any, of the new risk factors on our business or the extent to which any factor or combination of factors may cause actual results to differ from those expressed or implied by these forward-looking statements.

If any one or more of these expectations and assumptions proves incorrect, actual results will likely differ materially from those contemplated by the forward-looking statements. Even if all of the foregoing assumptions and expectations prove correct, actual results may still differ materially from those expressed in the forward-looking statements as a result of factors we may not anticipate or that may be beyond our control. While we cannot assess the future impact that any of these differences could have on our business, financial condition, results of operations and cash flows or the market price of shares of our common stock, the differences could be significant. We do not undertake to update any forward-looking statements made by us, whether as a result of new information, future events or otherwise. You are cautioned not to unduly rely on such forward-looking statements when evaluating the information presented in this report.

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